

Health and well-being

Residents across the Baffin Bay/Davis Strait (BBDS) region have experienced common challenges in relation to rapid development and changes in living conditions, and they continue to adapt to the legacy of colonization. However, there are still significant symptoms of social problems and mental vulnerability. The strong relation to nature and the importance of artistic creativity and cohesion remain central to the life of Inuit. These factors are of great importance for mental health and well-being.

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Type: Contribution to report | Bidrag til rapport **Årstal:** 2018 **Emner:** Health; Well-being; Arctic
Udgivelsessted: Oslo **Udgivelsesland:** Norway **Værtpublikationens hoved- & undertitel:** AMAP 2017
Adaptation Actions for a Changing Arctic: Perspectives from the Baffin Bay/Davis Strait Region **Forlag:** Arctic
Monitoring and Assessment Programme (AMAP) **ISBN nummer:** 978-82-7971-105-6

[Åben publikation](#)
